






# November 2018

Activities Staff: Karla Lopez & Celina Santos

Center Coordinator: Maria Hernandez

Center Director: Amy Graham

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Board games and puzzles are available to use anytime. Please help yourself or see any staff member for assistance!</p>		<p>This Activities Calendar is subject to change without Notice</p>		<p><b>1</b> 9:30 - Meet &amp; Greet 10:15 - Arts and Crafts Project 10:30 - Fit and Strong Table Games 1:30 - <b>Movie Matinee &amp; Snacks</b> 3:30 - Social Hour, Magazines &amp; Puzzles</p>
<p><b>5</b> 9:30 - Meet &amp; Greet 10:00 - Table Games &amp; Walking Group 10:30 - Arts and Crafts Project 1:15 - Bingo Reminiscing Activities 2:30 - Alternative Activities <b>Movie Matinee &amp; Snack</b></p>	<p><b>6</b> 9:30 - Meet &amp; Greet &amp; Daily News 10:15 - <b>Memories in the Making</b> 10:30 - <b>Ask the Dietitian with Randi</b> 11:00 - Spiritual Social Group w/Rabbi 1:15 - Ring Toss and Exercise Game 2:30 - Radio Tunes</p>	<p><b>7</b> 9:30 - Meet &amp; Greet 10:30 - <b>WORD GAME</b> 11:00- <b>Participant Council Meeting</b> 1:15 - Fit and Strong Alternative activities 2:00 - Aroma Therapy and Hand Massage 3:00 - Table Games</p>	<p><b>8</b> 9:30 - Meet &amp; Greet 10:15 - Arts and Crafts Project 10:30 - Fit and Strong Table Games 11:00- <b>Participant Council Meeting</b> 1:30 - <b>Movie Matinee &amp; Snacks</b> 3:30 - Social Hour, Magazines &amp; Puzzles</p>	<p><b>9</b> 9:30 - Meet &amp; Greet 10:00 - Table Games 10:30 - <b>Zumba Class w/Susy</b> 1:15 - <b>Music Therapy w/Andrea</b> 2:30 - Exercise Group 3:00 - Table Games</p>
<p><b>12</b> 9:30 - Meet &amp; Greet 10:00 - Table Games &amp; Walking Group 10:30 - <b>Zumba Class w/Susy</b> 1:15 - Bingo Reminiscing Activities 2:30 - Alternative Activities</p>	<p><b>13</b> 9:30 - Meet &amp; Greet and Daily News 10:15 - <b>Memories in the Making</b> 10:30 - Fit and Strong 11:00 - Spiritual Social Group w/Rabbi 1:15 - Ring Toss and Exercise Game 2:30 - Radio Tunes</p>	<p><b>14</b> 9:30 - Meet and Greet 10:30 - <b>WORD GAME</b> 1:15 - <b>HAPPY HOUR Music &amp; Appetizers</b> 2:00 - Aroma therapy and Hand Massage 3:00 - Table Games</p> 	<p><b>15</b> 9:30 - Meet &amp; Greet 10:15 - Arts and Crafts Project 10:30 - Fit and Strong Table Games 1:30 - <b>HAPPY HOUR Music &amp; Appetizers</b> 3:30 - Social Hour, Magazines &amp; Puzzles</p> 	<p><b>16</b> 9:30 - Meet &amp; Greet 10:00 - Table Games 10:30 - <b>Zumba Class w/Susy</b> 1:15 - <b>Music Therapy w/Andrea</b> 2:30 - Exercise Group</p>
<p><b>19</b> 9:30 - Meet &amp; Greet 10:00 - Table Games &amp; Walking Group 10:30 - Arts and Crafts Project 1:15 - Bingo Reminiscing Activities 2:30 - Alternative Activities <b>Movie Matinee &amp; Snack</b></p>	<p><b>20</b> 9:30 - Meet &amp; Greet and Daily News 10:30 - <b>Thanksgiving Celebration Entertainment, and Music and Food</b> 1:15 - Ring Toss and Exercise Game 2:30 - Radio Tunes</p> 	<p><b>21</b> 9:30 - Meet and Greet 10:30 - <b>Thanksgiving Celebration Entertainment, and Music and Food</b> 1:15 - Fit and Strong Alternative activities 2:00 - Aroma Therapy and Hand Massage 3:00 - Table Games</p> 	<p><b>22</b> BCSC's PACE Center <b>CLOSED</b></p> 	<p><b>23</b> 9:30 - Meet &amp; Greet 10:00 - Table Games 10:30 - <b>Zumba Class w/Susy</b> 1:15 - Bingo 2:30 - Exercise Group</p>
<p><b>26</b> 9:30 - Meet &amp; Greet 10:00 - Table Games &amp; Walking Group 10:30 - <b>Zumba Class w/Susy</b> 1:15 - Bingo Reminiscing Activities 2:30 - Alternative Activities</p>	<p><b>27</b> 9:30 - Meet &amp; Greet and Daily News 10:15 - <b>Memories in the Making</b> 10:30 - Fit and Strong 11:00 - Spiritual Social Group w/Rabbi 1:15 - Ring Toss and Exercise Game 2:30 - Radio Tunes</p>	<p><b>28</b> 9:30 - Meet &amp; Greet 10:30 - <b>WORD GAME</b> 1:15 - Fit and Strong Alternative activities 2:00 - Aroma Therapy and Hand Massage 3:00 - Table Games</p>	<p><b>29</b> 9:30 - Meet &amp; Greet 10:15 - Arts and Crafts Project 10:30 - Fit and Strong Table Games 1:30 - <b>Movie Matinee &amp; Snacks</b> 3:30 - Social Hour, Magazines &amp; Puzzles</p>	<p><b>30</b> 9:30 - Meet &amp; Greet 10:00 - Table Games 10:30 - <b>Zumba Class w/Susy</b> 1:15 - <b>Music Therapy w/Andrea</b> 2:30 - Exercise Group</p>



Dear Participants,

I would like to take this opportunity to share with everyone that Jessica Lopez, Center Coordinator, will be leaving BCSC on November 2 to embark up to Northern California where she will be working for a new PACE Program. Jessica has truly been outstanding in her role for our Program. She is a valued member of our Team, always there for the participants and families. Jessica has been with the Jewish Home for many years and brought dedication, caring and compassion to our program. We appreciate everything that she has done to assure successful programs and safety for our participants. I know everyone here joins me in wishing Jessica the very best as she will excel and continue to be successful. We will truly miss her.

We are fortunate, as we have promoted a current employee of BCSC to assure this position continues to be successful. Maria Hernandez, an MA from our Wellness Center will be our new Center Coordinator. She already knows many of our participants and all of our staff. We welcome her to this position.

I know that you all will be very welcoming to our new Center Coordinator as you all were to me when I joined this organization. We appreciate your understanding and continued support. Should you have any questions, feel free to contact me at 818-774-8444.

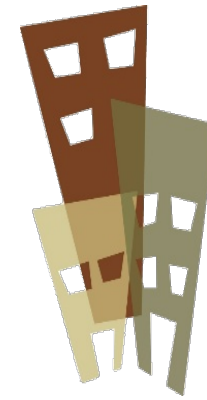
Thanks,  
Amy Graham RN, MBA  
PACE Center Manager

### Brandman Centers Information:

Questions? Please call one of our helpful staff members who would be happy to assist in any way they can.  
Maria Hernandez, Center Coordinator – (818) 757-5580  
Karla Lopez, Activities Coordinator – (818) 774-3221  
Amy Graham, Center Director – (818) 774-3328

Contact Information for the Brandman Centers  
7150 Tampa Avenue, Reseda, CA 91335  
Phone: (818) 774-8444 Toll Free: (855) 774-8444  
Fax: (818) 774-3248 TTY: (818) 774-3194

For any medical concerns, change of condition or falls,  
Please call our 24-hour nursing line at 818-774-8444.



**BrandmanCenters**  
FOR SENIOR CARE



November 2018 Newsletter and Calendar

## Thanksgiving Celebration

BCSC Will be celebrating Thanksgiving with participants in a formal traditional setting with entertainment, music, food and refreshments.



Join us during your attendance day!

Tuesday November 20<sup>th</sup>

&

Wednesday November 21<sup>st</sup>



### Important Message

BCSC would like to remind all Participants and Families that our Center is open Monday – Friday from 8:30 am to 5:00 pm. Our after-hours line is for EMERGENCIES ONLY; calls about transportation, attendance, routine medication refills, appointments, diet, supplies, and other non-emergent issues should be made only during business hours. Recently we sent out the Emergency Condition Guide for more information on symptoms that warrant a call to 911 or to the BCSC after-hours nursing line. If you did not receive the Emergency Condition Guide please ask your Social Worker for a copy.

