



Brandman Center for Senior Care

Menu Cycle Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
	November 13, 2017	November 14, 2017	November 15, 2017	November 16, 2017	November 17, 2017
Breakfast	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Fresh Baked Muffin Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Bagel and Cream Cheese Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Hard Boiled Eggs Toast/Margarine/Jelly Milk Matzah Brie/Syrup Banana Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Bagel and Cream Cheese Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Hard Boiled Egg Toast/Margarine/Jelly French Toast/Syrup Banana Milk Coffee/Tea
Lunch	*Chicken Noodle Soup or Mixed Green Salad *Hamburger on Brioche Bun with Lettuce Leaf, Tomato Slice, Red Onion Slice and French Fries or Onion Steak Served with Beans and Rice *Fresh Fruit	*Roasted Butternut and Carrot Salad or Mixed Green Salad *Turkey Sandwich, Lettuce Leaf, Onion & Tomato Slice, Cranberry Mayo and Potato Salad or Roasted Chicken Served with Baked Yam and Vegetables *Ruben's Cookies or Fresh Fruit	*French Onion Soup or Mixed Green Salad *Potato Knish, Farmers Chop Suey and Cottage Cheese or Baked Salmon Served with Rice and Vegetables *Egg Custard w/Caramel and Toasted Pecans or Fresh Fruit *Milk	*Waldorf Salad or Mixed Green Salad *Macaroni & Cheese and Stewed Tomatoes or Seafood Salad Served w/Pita Bread, Avocado, Lettuce Leaf, Slice of Tomato and Red Onion *Fruited Gelatin or Fresh Fruit *Milk	*New England Fish Chowder or Mixed Green Salad *Vegetable Quiche and Spring Mix Salad or Tuna Salad Plate with Mixed Greens and Assorted Dressings *Fresh Fruit *Milk
Snack	1/2 Tuna Sandwich Fresh Fruit Cup	1/2 Egg Sandwich Fresh Fruit Cup	1/2 Tuna Sandwich Fresh Fruit Cup	1/2 Egg Sandwich Fresh Fruit Cup	1/2 Peanut Butter and Jelly Sandwich Fresh Fruit Cup