



Brandman Center for Senior Care

Menu Cycle Week Five

	Monday	Tuesday	Wednesday	Thursday	Friday
	September 11, 2017	September 12, 2017	September 13, 2017	September 14, 2017	September 15, 2017
Breakfast	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Fresh Muffin Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Bagel & Cream Cheese Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Hard Boiled Egg Toast/Margarine/Jelly Pancake/Syrup Banana Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Bagel and Cream Cheese Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Hard Boiled Egg Toast/Margarine/Jelly French Toast/Syrup Banana Milk Coffee/Tea
Lunch	*Spinach Strawberry Salad or Mixed Green Salad *French Dip Sandwich on French Roll, Au Jus and Coleslaw or Chicken Enchiladas Served with Rice and Beans *Fresh Fruit	*Caesar Salad or Mixed Green Salad *Breaded Cod, Lemon Wedge, Homemade Tartar Sauce, Israeli Couscous and Sauteed Yellow Squash w/Pimento or Fresh Fruit and Cottage Cheese Platter Served with Granola and Almonds *Assorted Pies or Fresh Fruit *Milk	*Tomato Bisque or Mixed Green Salad *Potato Latkes Served with Sour Cream, Cottage Cheese and Applesauce or Pupusa Served with Pickled Vegetables and Salsa *Custard w/Fresh Berries or Fresh Fruit *Milk	*Squash Soup or Mixed Green Salad *Baked Salmon w/Vegetable Salsa, Brown Rice and Swiss Chard or Imitation Seafood Salad, Lettuce Leaf, Onion Slice, Tomato Slice, Avocado and Pita Bread *Ice Cream or Fresh Fruit *Milk	*Three Bean Salad or Mixed Green Salad *Eggplant Parmesan Served with Angel Hair Pasta and Garlic Bread or Nachos with Cheese, Beans and Guacamole *Blintz Souffle with Sour Cream and Fruit Sauce or Fresh Fruit *Milk
Snack	1/2 Cup Egg Salad Fresh Fruit Cup	1/2 Cup Egg Salad Fresh Fruit Cup	1 ½ Cottage Cheese Fresh Fruit Cup	1/2 Tuna Sandwich Fresh Fruit Cup	1/2 Peanut Butter and Jelly Sandwich Fresh Fruit Cup