



Brandman Center for Senior Care

Menu Cycle Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
	February 12, 2018	February 13, 2018	February 14, 2018	February 15, 2018	February 16, 2018
Breakfast	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Fresh Baked Muffin Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Bagel and Cream Cheese Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Hard Boiled Egg Toast/Margarine/Jelly Chocolate Chip Pancake/Syrup Banana Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Bagel and Cream Cheese Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Hard Boiled Egg Toast/Margarine/Jelly French Toast/Syrup Banana Milk Coffee/Tea
Lunch	*Mixed Green Salad *Hamburger on Bun with Lettuce Leaf, Tomato and Red Onion Slice Served with Roasted Potatoes or Chicken Fajitas Served with Spanish Rice and Pinto Beans *Fresh Fruit	*Lentil Soup or Mixed Green Salad *Imitation Seafood Salad Served with Pita Bread, Lettuce Leaf, Sliced Tomato and Red Onion or Vegetable Lasagna Served with Garlic Bread and Tossed Green Salad *Lemon Meringue Pie or Fresh Fruit *Milk	*Yellow Split Pea Soup or Mixed Green Salad *Salami and Eggs Served with O'Brien Potatoes, Sliced Tomatoes and Chabatta Roll or Honey Baked Chicken Served with Yams and Vegetables *Baked Apple or Fresh Fruit	*Beef Mushroom Barley Soup or Mixed Green Salad *Chef's Salad: Mixed Greens and Vegetables with Grilled, Sliced Chicken Breast, Tomato Wedges, and Whole Grain Roll or Beef Birria with Rice, Beans, Salsa and Corn Tortillas *Cherry Crumble or Fresh Fruit	*Caesar Salad or Mixed Green Salad *Eggplant Parmesan Served with Marinara Sauce, Angel Hair Pasta, and Fresh Broccoli Florets or Fresh Fruit Plate Served with Cottage Cheese, Granola and Almonds *Bread Pudding or Fresh Fruit *Milk
Snack	1/2 Tuna Sandwich Fresh Fruit Cup	1/2 Egg Salad Sandwich Fresh Fruit Cup	1/2 Turkey Sandwich Fresh Fruit Cup	1/2 Egg Salad Sandwich Fresh Fruit Cup	1/2 Peanut Butter and Jelly Sandwich Fresh Fruit Cup

