



## Brandman Center for Senior Care

### Menu Cycle Week Two

|                  | Monday   | Tuesday  | Wednesday   | Thursday   | Friday   |
|------------------|--|--|---|--|--|
|                  | March 12, 2018   | March 13, 2018   | March 14, 2018  | March 15, 2018   | March 16, 2018   |
| <b>Breakfast</b> | Choice of Juice<br>Oatmeal or Dry Cereal<br>Scrambled Eggs<br>Toast/Margarine/Jelly<br>Fresh Baked Muffin<br>Milk<br>Coffee/Tea  | Choice of Juice<br>Oatmeal or Dry Cereal<br>Scrambled Eggs<br>Toast/Margarine/Jelly<br>Bagel and Cream Cheese<br>Milk<br>Coffee/Tea  | Choice of Juice<br>Oatmeal or Dry Cereal<br>Hard Boiled Eggs<br>Toast/Margarine/Jelly<br>Milk<br>Chocolate Chips<br>Pancakes/Syrup<br>Banana<br>Coffee/Tea  | Choice of Juice<br>Oatmeal or Dry Cereal<br>Scrambled Eggs<br>Toast/Margarine/Jelly<br>Milk<br>Bagel and Cream Cheese<br>Coffee/Tea  | Choice of Juice<br>Oatmeal or Dry Cereal<br>Hard Boiled Egg<br>Toast/Marg./Jelly<br>French Toast/Syrup<br>Banana<br>Milk<br>Coffee/Tea   |
| <b>Lunch</b>     | *Tossed Green Salad<br>*Hamburger on Brioche Bun, Lettuce Leaf, Sliced Tomato, Red Onion and Roasted Potatoes<br>or<br>Chicken Fajitas Served with Rice and Vegetables<br>* Oatmeal Cookies or Fresh Fruit | *Lentil Soup or Mixed Green Salad<br>*Seafood Salad, Lettuce Leaf, Onion Slice, Tomato Slice and Pita Bread<br>or<br>Chile Relleno Served with Rice and Beans<br>*Lemon Meringue Pie or Fresh Fruit<br>*Milk | *Yellow Split Pea Soup or Mixed Green Salad<br>*Salami and Eggs, O'Brien Potatoes, Sliced Tomato and Chabatta Roll<br>or<br>Beef Empanadas Served with Calico Corn and Tomatillo Salsa<br>*Orange Cake or Fresh Fruit | *Beef Mushroom Barley Soup or Mixed Green Salad<br>*Mixed Green Salad, Chicken Breast on Top, Tomato Wedges and Whole Grain Dinner Roll<br>or<br>Hot Dog on a Bun Served with Coleslaw, Chips and Condiments<br>*Cherry Crumble or Fresh Fruit | *Caesar Salad or Mixed Green Salad<br>*Eggplant Parmesan, Marinara Sauce, Angel Hair Pasta and Fresh Broccoli Florets<br>or<br>Cheese Nachos Served with Beans and Guacamole<br>*Bread Pudding or Fresh Fruit<br>*Milk |
| <b>Snack</b>     | 1/2 Tuna Sandwich<br>Fresh Fruit Cup   | 1/2 Egg Sandwich<br>Fresh Fruit Cup  | 1/2 Tuna Sandwich<br>Fresh Fruit Cup  | 1/2 Egg Salad Sandwich<br>Fresh Fruit Cup  | 1/2 Egg Salad Sandwich<br>Fresh Fruit Cup  |

