



Brandman Center for Senior Care

Menu Cycle Week Two

	Monday May 14, 2018	Tuesday May 15, 2018	Wednesday May 16, 2018	Thursday May 17, 2018	Friday May 18, 2018
Breakfast	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Fresh Baked Muffin Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Bagel & Cream Cheese Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Hard Boiled Egg Toast/Margarine/Jelly Matzah Brie/Syrup Banana Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Bagel and Cream Cheese Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Hard Boiled Egg Toast/Margarine/Jelly French Toast/Syrup Banana Milk Coffee/Tea
Lunch	*Potato Leek Soup or Mixed Green Salad *Hot Dog on a Bun Served with Coleslaw, Baked Beans, Chopped Onions, Sauerkraut and Condiments or Chicken Enchiladas Served with Spanish Rice and Pinto Beans *Homemade Brownies or Fresh Fruit	*Winter Beet Salad or Mixed Green Salad *Braised Cod Served with Scalloped Potatoes and Spinach with Caramelized Onions or Imitation Seafood Salad Served with Lettuce Leaf, Slices of Tomato and Red Onion and Pita Bread *Carrot Cake or Fresh Fruit *Milk	*Asian Salad or Mixed Green Salad *Vegetable Stir Fry with Tofu Served with Steamed Rice or Baked Salmon Served with Rice and Vegetables *Almond Cookies or Fresh Fruit *Milk	*Spinach Apple Salad or Mixed Green Salad *Mushroom Spinach Swiss Omelet Served with O'Brien Potatoes and Sliced Tomatoes and Mini Crossiant or Fresh Fruit Plate Served with Almonds and Granola *Cheesecake or Fresh Fruit *Milk	*Caesar Salad or Mixed Green Salad *Eggplant Parmesan Served with Marinara Sauce, Angel Hair Pasta and Garlic Bread or Nachos Served with Beans and Guacamole *Cannoli or Fresh Fruit *Milk
Snack	1/2 Tuna Salad Fresh Fruit Cup	1/2 Turkey Sliced Fresh Fruit Cup	1/2 Tuna Salad Fresh Fruit Cup	1/2 Egg Salad Fresh Fruit Cup	1/2 Tuna Salad Fresh Fruit Cup

