



Brandman Center for Senior Care

Menu Cycle Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
	June 11, 2018	June 12, 2018	June 13, 2018	June 14, 2018	June 15, 2018
Breakfast	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Fresh Baked Muffin Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Bagel & Cream Cheese Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Hard Boiled Egg Toast/Margarine/Jelly Pancakes/Syrup Banana Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Bagel and Cream Cheese Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Hard Boiled Egg Toast/Margarine/Jelly French Toast/Syrup Banana Milk Coffee/Tea
Lunch	*Potato Leek Soup or Mixed Green Salad *Hamburger on a Bun with Lettuce, Tomato Slice, Red Onion Slice and Macaroni Salad or Chicken Fajitas Served with Rice, Beans and Flour Tortillas *Fresh Fruit	*Winter Beet Salad or Mixed Green Salad *Braised Cod Served with Scalloped Potatoes and Steamed Spinach and Caramelized Onions or Egg Salad Plate with Mixed Greens and Assorted Dressings *Carrot Cake with Cream Cheese Icing or Fresh Fruit *Milk	*Mushroom Barley Soup or Mixed Green Salad *Apricot Chicken Served with Roasted Red Potatoes and Baby Carrots with Dill or Carne Asada Barbeque with Spanish Rice, Beans, Guacamole, Pico de Gallo and Corn Tortillas *Sorbet or Fresh Fruit	*Navy Bean Soup or Mixed Green Salad *Braised Brisket with Sherry Wine Sauce Served with Tzimmes and Fresh Asparagus Spears or Carne Asada Barbeque with Spanish Rice, Beans, Guacamole, Pico de Gallo and Corn Tortillas *Fresh Fruit	*Caesar Salad or Mixed Green Salad *Eggplant Parmesan, Marinara Sauce, Angel Hair Pasta, Fresh Broccoli Florets and Garlic Bread or Potato Taquitos Served with Beans and Guacamole *Cannoli or Fresh Fruit *Milk
Snack	1/2 Tuna Sandwich Fresh Fruit Cup	1/2 Egg Sandwich Fresh Fruit Cup	1/2 Tuna Sandwich Fresh Fruit Cup	1/2 Egg Salad Sandwich Fresh Fruit Cup	1/2 Egg Salad Sandwich Fresh Fruit Cup

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