



Brandman Center for Senior Care

Menu Cycle Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
	July 9, 2018	July 10, 2018	July 11, 2018	July 12, 2018	July 13, 2018
Breakfast	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Fresh Baked Muffin Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Bagel & Cream Cheese Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Hard Boiled Egg Toast/Margarine/Jelly Matzah Brie/Syrup Banana Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Bagel and Cream Cheese Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Hard Boiled Egg Toast/Margarine/Jelly French Toast/Syrup Banana Milk Coffee/Tea
Lunch	*Potato Leek Soup or Mixed Green Salad *Hamburger on a Bun with Lettuce Leaf, Tomato and Red Onion Slices Served with Three Bean Salad or Chicken Fajitas Served with Spanish Rice, Pinto Beans and Flour Tortillas *Fresh Fruit	*Winter Beet Salad or Mixed Green Salad *Braised Cod Served with Tartar Sauce, Lemon Wedge, Scalloped Potatoes and Spinach or Fresh Fruit and Cottage Cheese Platter Served with Granola and Almonds *Carrot Cake or Fresh Fruit *Milk	*Lentil Soup or Mixed Green Salad *Mushroom Spinach Swiss Cheese Omelet Served with O'Brien Potatoes, Sliced Tomatoes and Mini Croissant or Baked Salmon Served with Rice and Vegetables *Ice Cream or Fresh Fruit *Milk	*Navy Bean Soup or Mixed Green Salad *Braised Brisket with Sherry Wine Sauce Served with Tzimmes and Cauliflower with Red Bell Pepper or Baked Chicken Served with Tzimmes and Vegetables *Blueberry Cobbler or Fresh Fruit	*Caesar Salad or Mixed Green Salad *Eggplant Parmesan, Marinara Sauce, Angel Hair Pasta, Fresh Broccoli Florets and Garlic Bread or Cheese Nachos Served with Beans and Guacamole *Cannoli or Fresh Fruit *Milk
Snack	1/2 Tuna Sandwich Fresh Fruit Cup	1/2 Egg Sandwich Fresh Fruit Cup	1/2 Tuna Sandwich Fresh Fruit Cup	1/2 Egg Salad Sandwich Fresh Fruit Cup	1/2 Egg Salad Sandwich Fresh Fruit Cup

