



Brandman Center for Senior Care

Menu Cycle Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
	February 11, 2019	February 12, 2019	February 13, 2019	February 14, 2019	February 15, 2019
Breakfast	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Fresh Baked Muffin Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Bagel & Cream Cheese Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Hard Boiled Egg Toast/Margarine/Jelly Matzah Brie/Syrup Banana Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Bagel and Cream Cheese Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Hard Boiled Egg Toast/Margarine/Jelly French Toast/Syrup Banana Milk Coffee/Tea
Lunch	*Cream of Tomato Soup or Mixed Green Salad *Grilled Cheese Sandwich with Tomato Served with Potato Chips and Side of Spring Mix Salad or Barbeque Soy Chicken Served with Yams and Vegetables *Chocolate Cream Pie or Fresh Fruit *Milk	*Mushroom Barley Soup or Mixed Green Salad *Hot Dog on a Bun Served with Condiments, Chopped Onions, Sauerkraut, Baked Beans and Coleslaw or Main Plate Mixed Green Salad with Tuna Salad, Tomatoes, Hard Boiled Egg, Garbanzo Beans, Olives and Avocado *Apple Strudel or Fresh Fruit	*Caesar Salad or Mixed Green Salad *Lasagna Florentine Served with Mediterranean Vegetables and Garlic Bread or Baked Salmon Served with Rice and Vegetables *Ice Cream or Fresh Fruit *Milk	*Pear Walnut Salad or Mixed Green Salad *Cheese Blintzes Served with Sour Cream, Applesauce, Cottage Cheese and Fruit Compote or Tuna Melt on Sourdough Bread Served with Chips and Fruit *Fresh Fruit *Milk	*Vegetable Soup or Mixed Green Salad *Dill Crusted Salmon Served with Scalloped Potatoes and Romanesco Vegetables or Fresh Fruit and Cottage Cheese Platter Served with Granola and Almonds *Noodle Kugel or Fresh Fruit *Milk
Snac	1/2 Tuna Sandwich Fresh Fruit Cup	1/2 Cup Egg Salad Fresh Fruit Cup	1/2 Tuna Sandwich Fresh Fruit Cup	1/2 Egg Salad Sandwich Fresh Fruit Cup	1/2 Egg Salad Sandwich Fresh Fruit Cup

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