



Brandman Center for S

Menu Cycle Week 9

	Monday	Tuesday	Wednesday
	November 22, 2021	November 23, 2021	November 24, 2021
Breakfast	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly O'Brien Potatoes Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Bagel and Cream Cheese Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Hard Boiled Eggs Toast/Margarine/Jelly Milk Chocolate Chip Pancakes/Syrup Banana Coffee/Tea
Lunch	*Yellow Split Pea Soup or Mixed Green Salad *Seared Chicken Piccata Served with Orzo and Grilled Asparagus or Onion Steak Served with Rice and Beans *Rocky Road Brownies or Fresh Fruit	*Minestrone Soup or Mixed Green Salad *Meatball Sandwich on French Roll Served with Marinara Sauce, Roasted Red Potatoes and Patty Pan Squash or Baked Chicken Served with Rice and Vegetables *Fruited Gelatin or Fresh Fruit	*Navy Bean Soup or Mixed Green Salad *Macaroni and Cheese Served with Stewed Tomatoes or Teriyaki Salmon Served with Rice and Vegetables *Ice Cream or Fresh Fruit *Milk
Snack	1/2 Tuna Sandwich Fresh Fruit Cup	1/2 Egg Salad Sandwich Fresh Fruit Cup	1/2 Cup Cottage Cheese Fresh Fruit Cup



Senior Care

Six

Thursday	Friday
November 25, 2021	November 26, 2021
<p>The Brandman Center will be Closed in Observance of the Thanksgiving holiday</p>	<p>Choice of Juice Oatmeal or Dry Cereal Hard Boiled Egg Toast/Marg./Jelly French Toast/Syrup Banana Milk Coffee/Tea</p>
	<p>*Potato Leek Soup or Mixed Green Salad *Stuffed Salmon Fillet Served with Brown Rice and Sauteed Spinach and Portabella Mushrooms or Potato Taquitos Served with Beans and Guacamole *Baked Apple or Fresh Fruit *Milk</p>
	<p>1/2 Turkey Sandwich Fresh Fruit Cup</p>



Brandman Center for Se

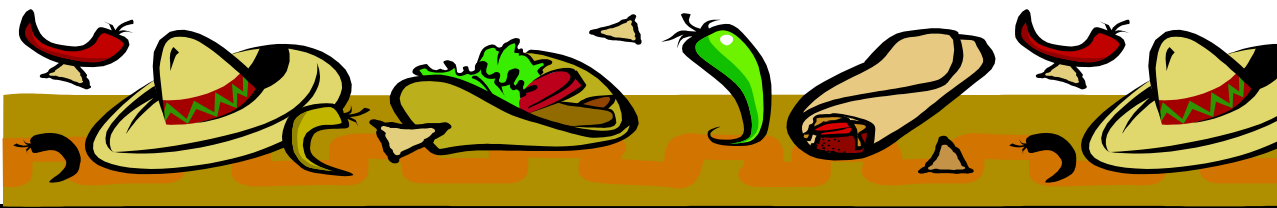
Menu Cycle Week O

	Monday	Tuesday	Wednesday
	January 10, 2022	January 11, 2022	January 12, 2022
Breakfast	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly O'Brien Potatoes Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Bagel and Cream Cheese Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Hard Boiled Eggs Toast/Margarine/Jelly Matzah Brie/Syrup Banana Milk Coffee/Tea
Lunch	*Caesar Salad or Mixed Green Salad *Cheese Lasagna Served with Vegetables and Garlic Bread or Soy Hot Dog Served with Coleslaw and Condiments *Ice Cream or Fresh Fruit *Milk	*Roasted Pepper Cream soup or Mixed Green Salad *Grilled Salmon Kabob Served with Rice Pilaf and Romanesco or Cheese Quesadilla Served with Beans and Avocado *Noodle Kugel or Fresh Fruit *Milk	*Tomato Basil Soup or Mixed Green Salad *Vegetable Pizza with Onions, Peppers, and Olives Served with Side Salad or Tuna Salad Plate Served Lettuce, Tomato, Onion and Avocado *Fresh Fruit *Milk
Snack	1/2 Tuna Sandwich Fresh Fruit Cup	1/2 Cup Cottage Cheese Fresh Fruit Cup	1/2 Egg Salad Sandwich Fresh Fruit Cup



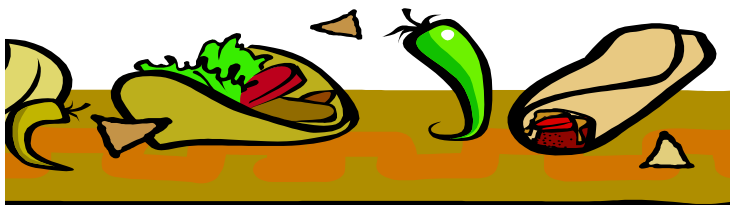
Senior Care Menu

Thursday	Friday
January 13, 2022	January 14, 2022
Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Fresh Baked Muffin Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Hard Boiled Egg Toast/Marg./Jelly French Toast/Syrup Banana Milk Coffee/Tea
*Chicken Noodle Soup or Mixed Green Salad *Liver and Onions Served with Mashed Potatoes and Peas & Carrots or Chicken Lemon Caper Sauce Served with Mashed Potatoes and Vegetables *Fruited Gelatin or Fresh Fruit	*French Onion Soup or Mixed Green Salad *Fish and Chips Served with Tartar Sauce, Lemon and Turmeric Cauliflower or Chile Rellenos Served with Cabbage Salad and Tomato Sauce *Lemon Meringue Pie or Fresh Fruit *Milk
1/2 Turkey Sandwich Fresh Fruit Cup	1/2 Tuna Sandwich Fresh Fruit Cup



Brandman Center for Se Menu Cycle Week Tv

	Monday	Tuesday	Wednesday
	January 10, 2022	January 11, 2022	January 12, 2022
Breakfast	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly O'Brien Potatoes Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Bagel and Cream Cheese Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Hard Boiled Eggs Toast/Margarine/Jelly Milk Pancakes/Syrup Banana Coffee/Tea
Lunch	*New England Fish Chowder or Mixed Green Salad *Grilled Cheese and Tomato Sandwich Served with Butternut Squash, Spinach and Feta Salad or Veggie Burger Served with Lettuce, Tomato, Onion and Fries *Chocolate Eclair or Fresh Fruit *Milk	*Albondigas Soup or Mixed Green Salad *Chicken Fajitas with Onions, Red and Green Peppers Served with Spanish Rice, Guacamole, Salsa and Flour Torillas or Baked Salmon Served with Rice and Vegetables *Fresh Fruit	*Roasted Pepper Cream Soup or Mixed Green Salad *Seafood Salad Served with Lettuce, Tomato, Onion and Pita Bread or Cheese Quesadilla Served with Beans and Avocado *Cheesecake or Fresh Fruit *Milk
Snack	1/2 Tuna Sandwich Fresh Fruit Cup	1/2 Turkey Sandwich Fresh Fruit Cup	1½ Cup Cottage Cheese Fresh Fruit Cup



Senior Care

NO

Thursday	Friday
January 13, 2022	January 14, 2022
Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Muffin Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Hard Boiled Egg Toast/Marg./Jelly French Toast/Syrup Banana Milk Coffee/Tea
*Split Pea Soup or Mixed Green Salad *BBQ Beef Ribs Served with Roasted Red Potatoes and Broccoli Florets or Chicken Pozole Served with Cabbage Salad and Tostadas *Baked Apple or Fresh Fruit	*Corn Chowder or Mixed Green Salad *Spinach, Mushroom and Mozzarella Cheese Omelet Served with Ratatouille and Chibatta Bread or Fresh Fruit and Cottage Cheese Platter Served with Granola and Almonds *Tapioca Pudding or Fresh Fruit *Milk
1/2 Egg Salad Sandwich Fresh Fruit Cup	1/2 Tuna Sandwich Fresh Fruit Cup



Brandman Center for Se

Menu Cycle Week Th

	Monday	Tuesday	Wednesday
	January 17, 2022	January 18, 2022	January 19, 2022
Breakfast	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly O'Brien Potatoes Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Bagel & Cream Cheese Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Hard Boiled Egg Toast/Margarine/Jelly Buttermilk Pancakes Banana Milk Coffee/Tea
Lunch	*Beef Mushroom Barley Soup or Mixed Green Salad *Cabbage Roll Served with Steamed New Potatoes and Baby Carrots or Chicken Fajitas Served with Rice and Beans *Fresh Fruit	*Tortilla Vegetable Soup or Mixed Green Salad *Grilled Vegan Chicken Tostada Served with Rice, Beans, Lettuce, Tomato, Sour Cream and Guacamole or Teriyaki Salmon Served with Rice and Vegetables *Flan or Fresh Fruit *Milk	*Minestrone Soup or Mixed Green Salad *Spinach Quiche Served with Baked Butternut Squash or Fresh Fruit and Cottage Cheese Platter Served with Almonds and Granola *Ice Cream or Fresh Fruit *Milk
Snack	1/2 Tuna Sandwich Fresh Fruit Cup	1/2 Egg Salad Sandwich Fresh Fruit Cup	1/2 Cup Cottage Cheese Fresh Fruit Cup



Senior Care

Menu

Thursday	Friday
January 20, 2022	January 21, 2022
Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Muffin Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Hard Boiled Egg Toast/Margarine/Jelly French Toast/Syrup Banana Milk Coffee/Tea
*Carrot Turmeric Soup or Mixed Green Salad *Chicken Shawarma Served with Saffron Rice, Green Beans and Pita Bread or French Dip Sandwich Served with Au Jus and Coleslaw *Cookie or Fresh Fruit	*Caesar Salad or Mixed Green Salad *Eggplant Parmesan Served with Angel Hair Pasta, Marinara Sauce and Garlic Bread or Potato Taquitos Served with Beans and Guacamole *Panna Cotta or Fresh Fruit *Milk
1/2 Turkey Sandwich Fresh Fruit Cup	1/2 Tuna Sandwich Fresh Fruit Cup



Brandman Center for Se

Menu Cycle Week Fo

	Monday	Tuesday	Wednesday
	December 20, 2021	December 21, 2021	December 22, 2021
Breakfast	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly O'Brien Potatoes Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Bagel & Cream Cheese Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Hard Boiled Egg Toast/Margarine/Jelly Blueberry Pancakes/Syrup Banana Milk Coffee/Tea
Lunch	*Butternut Squash Soup or Mixed Green Salad *Maple Dijon Salmon Served with Brown Rice and Shredded Brussel Sprouts or BBQ Soy Chicken Served with Baked Yams and Vegetable *Lemon Meringue Pie or Fresh Fruit *Milk	*Beef Barley Soup or Mixed Green Salad *Cobb Salad Served with Chicken Breast, Turkey Bacon, HB Egg, Cucumber, Radish, Tomato, Avocado and Dinner Roll or Baked Salmon Served with Rice and Vegetable *Napoleon Cake or Fresh Fruit	*Vegetable Tortilla Soup or Mixed Green Salad *Cheese Enchiladas Served with Tomatillo Sauce, Spanish Rice, Pinto beans, Salsa and Guacamole or Chef's Salad Served with Assorted Vegetables and Avocado *Churros or Fresh Fruit *Milk
Snac	1/2 Tuna Sandwich Fresh Fruit Cup	1/2 Egg Salad Sandwich Fresh Fruit Cup	1 ½ C. Cottage Cheese Fresh Fruit Cup



Senior Care

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Thursday	Friday
December 23, 2021	December 24, 2021
Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Fresh Baked Muffin Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Hard Boiled Egg Toast/Margarine/Jelly French Toast/Syrup Banana Milk Coffee/Tea
*Chicken Rice Soup or Mixed Green Salad *Pulled BBQ Beef Sandwich on Brioche Bun Served with Roasted Pepper Aioli and Coleslaw or Roasted Chicken Served with Rice and Vegetables *Chocolate Cake or Fresh Fruit	*Nadine's Jicama Salad or Mixed Green Salad *Grilled Orange Roughy Served with Lemon Wedge, Tartar Sauce, Baked Yams and Steamed Spinach or Cheese Nachos Served with Beans and Guacamole *Fresh Fruit *Milk
1/2 Turkey Sandwich Fresh Fruit Cup	1/2 Tuna Sandwich Fresh Fruit Cup