



Brandman Center for Senior Care

Menu Cycle Week Four

	Monday	Tuesday	Wednesday	Thursday	Friday
	May 22, 2023	May 23, 2023	May 24, 2023	May 25, 2023	May 26, 2023
Breakfast	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly O'Brien Potatoes Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Bagel/Cream Cheese Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Milk Matzah Brei/Syrup Banana Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Muffin Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Marg./Jelly French Toast/Syrup Banana Milk Coffee/Tea
Lunch	*Spinach and Local Date Salad or Mixed Green Salad *Grilled Cheese and Tomato Sandwich Served with Roasted Red Beets or Veggie Burger Served with French Fries, Garnish and Condiments *Lemon Meringue Pie or Fresh Fruit *Milk	*Lentil Soup or Mixed Green Salad *BBQ Glazed Turkey Meatloaf Served with Mashed Potatoes and String Beans or Baked Salmon Served with Rice and Vegetables *Chocolate Mousse or Fresh Fruit	*Split Pea Soup or Mixed Green Salad *Pan Seared Trout Served with Coconut Rice and Beans or Cheese Quesadilla Served with Beans and Avocado *Citrus Almond Cake or Fresh Fruit *Milk	*Tomato Bisque or Mixed Green Salad *Cheese Pizza with Mushrooms, Olives and Onions Served with Side Caesar Salad or Soy Chicken Bowl Served with Rice and Vegetables *Ice Cream or Fresh Fruit *Milk	*Cream of Cauliflower Soup or Mixed Green Salad *Cheese Blintz Served with Sour Cream and Fruit Compote or Seafood Cakes Served with Orzo and Vegetables *Fresh Berries or Fresh Fruit *Milk
Snack	1/2 Tuna Sandwich Fresh Fruit Cup	1/2 Turkey Sandwich Fresh Fruit Cup	1 ½ [.] Cottage Cheese Fresh Fruit Cup	1/2 Egg Salad Sandwich Fresh Fruit Cup	1/2 Tuna Sandwich Fresh Fruit Cup

