## August 2023

August 2023				
Monday	Tuesday	Wednesday	Thursday	Friday
This Activities Calendar is subject to change without Notice!	1 9:00 – Meet & Greet 10:15 – Music Therapy w/Sara 1:30 – Bingo/Loteria 2:15 – Group Exercise 3:00 – Alternative Activities	2 9:00 – Meet & Greet 10:00 – Morning Exercise 10:30 – Bingo/Loteria 1:30 – Group w/Rabbi & Word Game 3:00 – Aroma Therapy 3:30 – Table Games	<b>3</b> 9:00 – Meet & Greet 9:45 – Social Circle Group 10:30 – Zumba with Susy 1:30 – Jewelry Class/Trivia 2:30 – Guess the song 3:30 – Table Games	<b>4</b> 9:00 – Meet and Greet 10:15 – Music Therapy w/Sara 1:30 – Arts and Crafts 2:30 – Group Exercise 3:30 – Table Games
<ul> <li>9:00 – Meet &amp; Greet</li> <li>9:45 – Morning Socials</li> <li>10:30 – Zumba with Susy</li> <li>1:30 – Word Game/ Art</li> <li>2:30 – Jewelry Making</li> <li>3:30 – Table Games</li> <li>14</li> <li>9:00 – Meet &amp; Greet</li> <li>9:45 – Morning Socials</li> <li>10:30 – Zumba with Susy</li> <li>1:30 – Word Game/ Art</li> <li>2:30 – Jewelry Making</li> <li>3:30 – Table Games</li> <li>2:30 – Jewelry Making</li> <li>3:30 – Table Games</li> <li>2:30 – Jewelry Making</li> <li>3:30 – Table Games</li> <li>2:30 – Meet &amp; Greet</li> <li>9:45 – Morning Socials</li> <li>2:30 – Jewelry Making</li> <li>3:30 – Table Games</li> <li>2:30 – Jewelry Making</li> <li>3:30 – Table Games</li> <li>2:30 – Jewelry Making</li> <li>3:30 – Table Games</li> <li>2:30 – Meet &amp; Greet</li> <li>3:30 – Table Games</li> </ul>	<ul> <li>8</li> <li>9:00 - Meet &amp; Greet</li> <li>10:15 - Music Therapy w/Sara</li> <li>1:30 - Volleyball Tournament</li> <li>2:15 - Trivia Time</li> <li>3:00 - Alternative Activities</li> </ul> 15 9:00 - Meet & Greet <ul> <li>10:15 - Music Therapy w/Sara</li> <li>1:30 - Bingo/Loteria</li> <li>2:15 - Group Exercise</li> <li>3:00 - Alternative Activities</li> </ul> 22 9:00 - Meet & Greet <ul> <li>10:15 - Music Therapy w/Sara</li> <li>1:30 - Alternative Activities</li> </ul>	<ul> <li>9</li> <li>9:00 - Meet &amp; Greet</li> <li>10:00 - Morning Exercise</li> <li>10:30 - Bingo/Loteria</li> <li>1:30 - Word Game</li> <li>3:00 - Aroma Therapy</li> <li>3:30 - Table Games</li> <li>16</li> <li>9:00 - Meet &amp; Greet</li> <li>10:15 - Volleyball Tournament</li> <li>1:30 - Group w/Rabbi &amp; Word Game</li> <li>3:00 - Aroma Therapy</li> <li>3:30 - Table Games</li> <li>23</li> <li>9:00 - Meet &amp; Greet</li> <li>10:00 - Morning Exercise</li> <li>10:20 - Dings (Lateria)</li> </ul>	<ul> <li>10</li> <li>9:00 - Meet &amp; Greet</li> <li>9:45 - Social Circle Group</li> <li>10:30 - Zumba with Susy</li> <li>1:30 - Jewelry Class/Trivia</li> <li>2:30 - Guess the person</li> <li>3:30 - Table Games</li> <li>17</li> <li>9:00 - Meet &amp; Greet</li> <li>9:45 - Social Circle Group</li> <li>10:30 - Zumba with Susy</li> <li>1:30 - Jewelry Class/Trivia</li> <li>2:30 - Guess the song</li> <li>3:30 - Table Games</li> <li>24</li> <li>9:00 - Meet &amp; Greet</li> <li>9:45 - Social Circle Group</li> <li>10:30 - Table Games</li> </ul>	<ul> <li>11</li> <li>9:00 - Meet and Greet</li> <li>10:15 - Los Angeles Public Library Music Therapy w/Sara</li> <li>1:30 - Arts and Crafts</li> <li>2:30 - Group Exercise</li> <li>3:30 - Table Games</li> <li>18</li> <li>9:00 - Meet and Greet</li> <li>10:15 - Luau Party</li> <li>1:30 - Arts and Crafts</li> <li>2:30 - Group Exercise</li> <li>3:30 - Table Games</li> </ul> 25 9:00 - Meet and Greet 10:15 - Music Therapy w/Sara 1:20 - Meet and Greet 10:15 - Music Therapy w/Sara 1:20 - Meet and Greet
<ul> <li>10:30 – Zumba with Susy</li> <li>1:30 – Volleyball Tournament</li> <li>2:30 – Refreshments and snacks</li> <li>3:30 – Table Games</li> </ul>	<ul> <li>11:30 – Memorial Service</li> <li>1:30 – Bingo/Loteria</li> <li>2:15 – Group Exercise</li> <li>3:00 – Alternative Activities</li> </ul>	10:30 - Bingo/Loteria1:30 - Word Game2:30 - Aroma Therapy3:30 - Table Games	10:30 – Zumba with Susy 1:30 – Movie Matinee 2:30 – Guess the person 3:30 – Table Games	<ul> <li>1:30 - Volleyball Tournament</li> <li>2:30 - Refreshments and snack</li> <li>3:30 - Table Games</li> </ul>
28 9:00 – Meet & Greet 9:45 – Morning Socials 10:30 – Birthday Celebration 1:30 – Zumba with Susy 2:30 – Jewelry Making 3:30 – Table Games	29 9:00 – Meet & Greet 10:15 – Music Therapy w/Sara 1:30 – Karaoke 2:15 – Group Exercise 3:00 – Alternative Activities	30 9:00 – Meet & Greet 10:00 – Morning Exercise 10:30 – Bingo/Loteria 1:30 – Word Game 3:00 – Aroma Therapy 3:30 – Table Games	<b>31</b> 9:00 – Meet & Greet 9:45 – Social Circle Group 10:30 – Zumba with Susy 1:30 – Jewelry Class/Trivia 2:30 – Guess the person 3:30 – Table Games	Board games and puzzles are available to use anytime. Please help yourself or see any staff member for assistance



Clara A. Silnik 08/02 Alfonso Garcia 08/02 Renee Kassin 08/03 Cary Silberman 08/03 Oscar Alberto, Sieza 08/04 Altagracia Matthias 08/05 Neal Kupferman 08/05 Gloria Vasquez 08/06 Anna E. Brathwaite 08/06 Malathi Moorthy 08/07 . Valeria Craete 08/07 Jesus Paredes Ramirez 08/08 Deborah L. Polsky 08/08 Juana Guadron 08/09 Jesus S. Chavez 08/11 Jose Martin 08/11 Ha Young Choi 08/12 Maria Martinez 08/12 Araceli D. Dimego 08/14 Maria Juarez Espinosa 08/15 Joaquin Llamas 08/16 Alfonso Soacha 08/18 William P. Cullen 08/20 Nelli Heath 08/22 Mauricio Trigueros 08/22 Cheryl Wolff 08/23 Martin Nunez 08/25 Ralph Mac Neal 08/27 Barry F. Klein 08/27 Miyoko Iwamoto 08/27 Richard K. Krystal 08/27 Maria T. Romo 08/28 Tova Ben Menahem 08/28 Andres E. Conanan 08/29 Blanca Pena 08/29 Cecilia Aravena 08/31

BCSC is hosting the annual Hawaiian Luau Party, August 18 @ 10am

Wear your

Bring your HOS-M Survey with you to the center if you need help!

BCSC Staff can answer your questions and help you fill it out...or we can come to you.

- Fun activities
- Raffles
- favorite tropical Snacks/Refreshments



## **Brandman Centers Information:**

Questions? Please call one of our helpful staff members who would be happy to assist in any way they can. Maria Hernandez, Center Manager – (818) 757-5580 Karla Lopez, Activities Team Leader – (818) 774-3221

**Contact Information for the Brandman Centers** 7150 Tampa Avenue, Reseda, CA 91335 Phone: (818) 774-8444 Toll Free: (855) 774-8444 Fax: (818) 774-3248 TTY: (818) 774-3194

During off hours, for any medical concerns, change of condition or falls, please call our 24-hour nursing line at 818-774-8444.





# Reminder

Brandman Centers for Senior Care would like to remind all participants of the importance of bringing your BCSC insurance card with you for medical appointments, hospital visit and emergency room visits. This will help you facilitate

efficient care.

Thank you!



Please complete and return this survey by mail, as it provides important information to Medicare to continue to best meet your needs.





### August 2023 Newsletter and Calendar

## **Keep Your Eyes on the Mail!**

In August, PACE participants nationwide will be asked to complete the Medicare HOS-M survey which asks questions on your individual health.

You will be receiving the survey via mail at your residence with a self-addressed stamped envelope.

If you prefer to complete it at the center, staff are available to assist.

BCSC Staff are also available to answer your questions, please don't hesitate to ask!





Staff Spotliaht

Meet Jaguelyn Morales front desk receptionist for BCSC. Jaquelyn provides great customer service by welcoming visitors, providing assistance in person or via phone. She is here to always assist you with any medical concerns you'd like to share with the clinic, please notify her of any medical request such as nedication refill request, to make a clinic appointment, or when ou feel you need to see a doctor or nurse. Jaquelyn enjoys nature walks & hikes and her favorite food is crispy and juicy wings. She also enjoys reading and her favorite book at the moment is called Atomic Habits. Please stop by the front to say hello and let her know if she can assist you in any way.