

October 2023

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:00 – Meet & Greet 9:45 – Morning Socials 10:30 – Zumba with Susy 1:30 – Word Game/ Art 2:30 – Jewelry Making 3:30 – Table Games	3 9:00 – Meet & Greet 10:15 – Music Therapy w/Sara 1:30 – Bingo/Loteria 2:15 – Group Exercise 3:00 – Alternative Activities	4 9:00 – Meet & Greet 10:00 – Morning Exercise 10:30 – Loteria 1:30 – Jewelry Making 3:00 – Aroma Therapy 3:30 – Table Games	5 9:00 – Meet & Greet 9:45 – Social Circle Group 10:30 – Zumba with Susy 1:30 – Jewelry Class/Trivia 2:30 – Guess the song 3:30 – Table Games	6 9:00 – Meet and Greet 10:15 – Music Therapy w/Sara 1:30 – Arts and Crafts 2:30 – Group Exercise 3:30 – Table Games
9 9:00 – Meet & Greet 9:45 – Morning Socials 10:30 – Zumba with Susy 1:30 – Word Game/ Art 2:30 – Jewelry Making 3:30 – Table Games	10 9:00 – Meet & Greet 10:15 – Music Therapy w/Sara 1:30 – Trivia/Art & Crafts 2:15 – Group Exercise 3:00 – Alternative Activities	11 9:00 – Meet & Greet 10:00 – Morning Exercise 10:30 – Bingo 1:30 – Jewelry Making 3:00 – Aroma Therapy 3:30 – Table Games	12 9:00 – Meet & Greet 9:45 – Social Circle Group 10:30 – Zumba with Susy 1:30 – Jewelry Class/Trivia 2:30 – Guess the person 3:30 – Table Games	13 9:00 – Meet and Greet 10:15 – Los Angeles Public Library Music Therapy w/Sara 1:30 – Arts and Crafts 2:30 – Group Exercise 3:30 – Table Games
16 9:00 – Meet & Greet 9:45 – Morning Socials 10:30 – Zumba with Susy 1:30 – Word Game/ Art 2:30 – Jewelry Making 3:30 – Table Games	17 9:00 – Meet & Greet 10:15 – Music Therapy w/Sara 1:30 – Bingo/Loteria 2:15 – Group Exercise 3:00 – Alternative Activities	18 9:00 – Meet & Greet 10:00 – Morning Exercise 10:15 – Trivia/Jewelry Making 1:30 – Arts and Crafts 3:00 – Aroma Therapy 3:30 – Table Games	19 9:00 – Meet & Greet 9:45 – Social Circle Group 10:30 – Zumba with Susy 1:30 – Jewelry Class/Trivia 2:30 – Guess the person 3:30 – Table Games	20 9:00 – Meet and Greet 10:15 – Music Therapy w/Sara 1:30 – Movie Matinee with Popcorn 2:30 – Group Exercise 3:30 – Table Games
23 9:00 – Meet & Greet 9:45 – Morning Socials 10:30 – Zumba with Susy 1:30 – Word Game/ Art 2:30 – Refreshments and snacks 3:30 – Table Games	24 9:00 – Meet & Greet 10:15 – Music Therapy w/Sara 1:30 – Bingo/Loteria 2:15 – Group Exercise 3:00 – Alternative Activities	25 9:00 – Meet & Greet 10:00 – Morning Exercise 10:30 – Loteria 1:30 – Jewelry Making 3:00 – Aroma Therapy 3:30 – Table Games	26 9:00 – Meet & Greet 9:45 – Social Circle Group 10:30 – Zumba with Susy 1:30 – Jewelry Class/Trivia 2:30 – Guess the song 3:30 – Table Games	27 9:00 – Meet and Greet 10:15 – Music Therapy w/Sara 1:30 – Arts and Crafts 2:30 – Refreshments/Snacks 3:30 – Table Games
30 9:00 – Meet & Greet 9:45 – Morning Socials 10:30 – Zumba with Susy 1:30 – Word Game/ Art 2:30 – Jewelry Making 3:30 – Table Games	31 9:00 – Meet & Greet 10:15 – Birthday/Costume Celebration 1:30 – Bingo/Loteria 2:15 – Group Exercise 3:00 – Alternative Activities	This Activities Calendar is subject to change without Notice!		



Board games and puzzles are available to use anytime. Please help yourself or see any staff member for assistance!



Shirley Fine 10/01
 Ana J. Mejia Carrera 10/01
 Liliana Dooley 10/02
 Otoniel Rodriguez M. 10/02
 Sheila Neelan 10/04
 Marsha Gregor 10/04
 Juan F. Delgado 10/04
 Mildred C. Moya 10/05
 Fabiola Anleu 10/07
 Eduardo C. Ramos 10/12
 Guadalupe E. Montano 10/13
 Pearl A. Bryan 10/14
 Okja Ha 10/15
 Fortino Andrade 10/15
 Rose Marie Reyes 10/15
 Jesus Ruelas 10/15
 Victor Argueta 10/17
 Alice Lee 10/20
 Maria Carrillo S. Cruz 10/23
 Lillian P. Klugman 10/24
 Maria Vallejos 10/25
 Maria Cueva 10/25

HIGHLIGHT OF THE MONTH

Celebration for National PACE Month

In honor of National PACE Month, Brandman Centers for Senior Care threw a memorable party. The national theme was "PACE: Where You Belong". There was so much PACE pride in the building, with decorations, tasty snacks, PACE signs, and even some sparkling drinks with which to toast the program. Everyone from participants to staff certainly felt like they belonged!



Brandman Centers Information:

Questions? Please call one of our helpful staff members who would be happy to assist in any way they can.
 Maria Hernandez, Center Manager – (818) 757-5580
 Karla Lopez, Activities Team Leader – (818) 774-3221

Contact Information for the Brandman Centers
 7150 Tampa Avenue, Reseda, CA 91335
 Phone: (818) 774-8444 Toll Free: (855) 774-8444
 Fax: (818) 774-3248 TTY: (818) 774-3194

During off hours, for any medical concerns, change of condition or falls, please call our 24-hour nursing line at 818-774-8444.



BrandmanCenters
 FOR SENIOR CARE



Help us protect you and your loved ones!

**Get your free flu vaccination starting
October 2, 2023**

**If you have questions, please ask to speak with a clinic staff member in the center or call
 (818) 774-8444**

We hope you stay



Kira Mengistu is Brandman's newest doctor. She is a recent East Coast transplant to LA, having lived in North Carolina, Boston and Philadelphia. She loves the weather in LA, the friendly people and the tasty Mexican food. Her favorite thing about Brandman is taking care of the patients and petting Buddy the cat every chance she gets. Don't be surprised if she tries to kidnap Buddy and add him to her cat collection!



Brandman participants, please be aware of a scam being reported throughout the country, in which scammers contact Medi-Cal recipients and tell them they must pay a fee to apply for or renew their Medi-Cal. This is a scam. In reality, there is never any payment required to apply for or renew Medi-Cal. If you have questions about you Medi-Cal, please call your Brandman social worker at 818-774-8444.

Thank you!