



## Brandman Center for Senior Care Menu Cycle Week Eight

	Monday	Tuesday	Wednesday	Thursday	Friday
	November 20, 2023	November 21, 2023	November 22, 2023	November 23, 2023	November 24, 2023
<b>Breakfast</b>	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Vegan Sausage Patty Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Muffin Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Lox, Eggs and Onions Banana Milk Coffee/Tea	<b>Brandman Center for Senior Care Will be Closed Due to Thanks- giving Holiday.</b>	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Marg./Jelly Pancakes / Syrup Banana Milk Coffee/Tea
<b>Lunch</b>	*Romaine Salad or Mixed Green Salad *Lemon Glazed Chicken Served with Sauteed Farro and Zucchini or Onion Steak Served with Rice and Vegetables *Cookie or Fresh Fruit	HAPPY THANKSGIVING!! :) *Three Bean Salad *Roast Turkey Served with Bread Stuffing, Cranberry Sauce, Mashed Potatoes, Gravy and Green Beans *Italian Wedding Cookies	*Roasted Eggplant Salad or Mixed Green Salad *Beef Brisket Served with Baked Potato and Roasted Brussels Sprouts or Chicken Burrito Served with Rice and Beans *Fresh Fruit		*Farro & Escarole Soup or Mixed Green Salad *Tuna Melt Served with Broccoli Slaw or Cheese Nachos Served with Beans and Guacamole *Gingerbread Cake or Fresh Fruit *Milk
<b>Snack</b>	1/2 Tuna Sandwich Fresh Fruit Cup	1/2 Egg Salad Sandwich Fresh Fruit Cup	1/2 Turkey Sandwich Fresh Fruit Cup		1 ½ C. Cottage Cheese Fresh Fruit Cup