



Brandman Center for Senior Care

Menu Cycle Week Eight

	Monday	Tuesday	Wednesday	Thursday	Friday
	January 15, 2024	January 16, 2024	January 17, 2024	January 18, 2024	January 19, 2024
Breakfast	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Hash Browns Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Avocado Toast Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Breakfast Sandwich Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Matzo Brie / Syrup Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Marg./Jelly Pancakes / Syrup Milk Coffee/Tea
Lunch	*Butternut Squash Soup or Mixed Green Salad *Blackened Salmon Served with Sauteed Farro, Creamed Spinach and Pear Chutney or Cheese Enchiladas Served with Rice and Beans *Cookie or Fresh Fruit *Milk	*Corn Chowder or Mixed Green Salad *Potato Latkes Served with Cottage Cheese, Side Salad, Sour Cream and Apple Chutney or Teriyaki Salmon Served with Rice and Vegetables *Fruit Cup *Milk	*Miso Soup or Mixed Green Salad *Korean Glazed Bone-In Short Ribs Served with Fried Rice and Sesame Broccoli or Chef's Salad Plate Served with Avocado *Pound Cake or Fresh Fruit	*Tomato & White Bean Soup or Mixed Green Salad *Roasted Veal Meatballs Served with Creamy Mushroom Sauce, Angel Hair Pasta and Swiss Chard or Curry Chicken Served with Rice and Vegetables *Cherry Cobbler or Fresh Fruit	*Panzanella Salad or Mixed Green Salad *Chicken Schnitzel Served with Pee Wee Potatoes, Sauteed Peas and Carrots or Beef Birria Served with Beans, Salsa and Tortillas *Apple & Cranberry Tart or Fresh Fruit
Snack	1/2 Tuna Sandwich Fresh Fruit Cup	1 ½ C. Cottage Cheese Fresh Fruit Cup	1/2 Turkey Sandwich Fresh Fruit Cup	1/2 Egg Salad Sandwich Fresh Fruit Cup	1/2 Tuna Sandwich Fresh Fruit Cup