



Brandman Center for Senior Care

Menu Cycle Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
	March 25, 2024	March 26, 2024	March 27, 2024	March 28, 2024	March 29, 2024
Breakfast	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly O'Brien Potatoes Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Marg./Jelly Banana Pancakes / Syrup Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Biscuits & Gravy Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Muffin Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Hash Browns Milk Coffee/Tea
Lunch	*House Salad or Mixed Green Salad *Brisket Served with Roasted Potatoes and Roasted Root Vegetables or Chicken Fajitas Served with Rice and Beans *Cookie or Fresh Fruit	*Green Salad or Mixed Green Salad *Chili Dog Served with Corn on the Cob and Coleslaw or Teriyaki Salmon Served with Rice and Vegetables *Fresh Fruit	*House Salad or Mixed Green Salad *Turkey Meatloaf Served with Baked Sweet Potato and Peas or Veggie Burger Served with French Fries, Garnish and Condiments *Cookie or Fresh Fruit	*Miso Soup or Mixed Green Salad *Lemongrass Chicken Bowl w/ Thai Marinated Chicken Breast, Rice Noodles, Peanuts, Won Ton Strips, Cilantro, Snow Peas, Bell Peppers & Carrots Served with Cilantro Dressing or Hamburger Served with French Fries, Garnish and Condiments *Fresh Fruit	*Chopped Salad or Mixed Green Salad *Parmesan Crusted Rockfish Served with Wild Rice, Peas, Tartar Sauce and Lemon Wedge or Cheese Nachos Served with Beans and Guacamole *Strawberry Shortcake Bar or Fresh Fruit *Milk
Snack	1/2 Tuna Sandwich Fresh Fruit Cup	1/2 Egg Salad Sandwich Fresh Fruit Cup	1½ Cup Cottage Cheese Fresh Fruit Cup	1/2 Tuna Sandwich Fresh Fruit Cup	1/2 Turkey Sandwich Fresh Fruit Cup

