



Brandman Center for Senior Care

Menu Cycle Week Seven

	Monday	Tuesday	Wednesday	Thursday	Friday
	March 4, 2024	March 5, 2024	March 6, 2024	March 7, 2024	March 8, 2024
Breakfast	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Bagel & Cream Cheese Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Spinach, Egg & Cheese Scramble Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Vegan Sausage Links Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Lemon Ricotta & Wild Berry Stuffed French Toast / Syrup Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Hash Browns Milk Coffee/Tea
Lunch	*Chicken Soup or Mixed Green Salad *BLTA Sandwich on Sourdough Served with Coleslaw and Potato Chips or Chicken Enchiladas Served with Rice, Beans and Salsa *Poached Pear or Fresh Fruit	*Farro Salad or Mixed Green Salad *Corned Beef Served with Cabbage and Boiled Potato or Chicken Burrito Served with Rice and Beans *Berries & Cream or Fresh Fruit	*Green Salad or Mixed Green Salad *Veal Stew Served with Mashed Potatoes and Roasted Squash or Chipotle Chicken Served with Rice and Vegetables *Fresh Fruit	*Coleslaw or Mixed Green Salad *Grilled Hot Dog on Bun Served with Corn on the Cob, Pasta Salad, Sauerkraut and Chopped Onions or Grilled Chicken Breast Served with Couscous and Vegetables *Pecan Pie Bar or Fresh Fruit	*Caesar Salad or Mixed Green Salad *Spinach & Cheese Lasagna Served with Sauteed Zucchini and Garlic Bread or Chile Rellenos Served with Rice and Cabbage Salad *Ice Cream or Fresh Fruit
Snack	1/2 Tuna Sandwich Fresh Fruit Cup	1 ½ C. Cottage Cheese Fresh Fruit Cup	1/2 Egg Salad Sandwich Fresh Fruit Cup	1/2 Turkey Sandwich Fresh Fruit Cup	1/2 Tuna Sandwich Fresh Fruit Cup