



## Brandman Center for Senior Care Menu Cycle Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
	July 15, 2024	July 16, 2024	July 17, 2024	July 18, 2024	July 19, 2024
Breakfast	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Breakfast Potatoes Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Bagel & Cream Cheese Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Waffle / Syrup Sliced Banana Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Muffin Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Breakfast Burrito w/ Salsa & Guacamole Banana Milk/Coffee/Tea
Lunch	*Green Salad or Mixed Green Salad *Braised Chicken Served with Steamed Rice and Sauteed Peas or Onion Steak Served with Rice and Beans *Sorbet or Fresh Fruit	*Crudite Plate or Mixed Green Salad *Orange Glazed Cornish Game Hen Served with Baked Potato and Wild Mushrooms or Teriyaki Salmon Served with Rice and Vegetables *Blackberry Cobbler or Fresh Fruit	*Summer Tomato Salad or Mixed Green Salad *French Dip Sandwich Served with Au Jus, Coleslaw and Macaroni Salad or Chicken Burrito Served with Rice, Beans and Salsa *Cookie or Fresh Fruit	*Vegetable Egg Roll or Mixed Green Salad *Braised Beef Served with Mashed Potatoes and Roasted Heirloom Carrots or Beef Burger Served with French Fries, Garnish and Condiments *Sorbet or Fresh Fruit	*Goat Cheese & Beet Salad or Mixed Green Salad *Pan Seared Sea Bass Served with Jam or Chile Relleno Served with Tomato Sauce, Cabbage Salad and Rice *Tuxedo Mousse Cake or Fresh Fruit *Milk
Snack	1/2 Tuna Sandwich Fresh Fruit Cup	1/2 Egg Salad Sandwich Fresh Fruit Cup	1½ Cup Cottage Cheese Fresh Fruit Cup	1/2 Tuna Sandwich Fresh Fruit Cup	1/2 Turkey Sandwich Fresh Fruit Cup

