



Brandman Center for Senior Care

Menu Cycle Week Seven

	Monday	Tuesday	Wednesday	Thursday	Friday
	August 19, 2024	August 20, 2024	August 21, 2024	August 22, 2024	August 23, 2024
Breakfast	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Scrambled Egg Whites with Sausage Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Vegetable Frittata Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Pancakes / Syrup Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Sausage, Egg & Cheese Biscuit Sandwich Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Breakfast Enchilada Banana Milk Coffee/Tea
Lunch	*Caprese Salad or Mixed Green Salad *Pan Seared Sea Bass Served with Lemon Wedge, Tartar sauce, Sauteed Grains and Brussels Sprouts or Cheese Enchiladas Served with Rice and Beans *Chocolate Bundt Cake or Fresh Fruit *Milk	*Lentil Soup or Mixed Green Salad *Veal Marsala Served with Roasted Potatoes and Roasted Broccoli or Baked Salmon Served with Rice and Vegetables *Parfait or Fresh Fruit	*Hearts of Palm or Mixed Green Salad *Fried Chicken Served with Mashed Potatoes and Asparagus or Beef Burrito Served with Rice and Beans *Cookie or Fresh Fruit	*Green Salad or Mixed Green Salad *Hawaiian Chicken Served with Macaroni Salad and Stir-Fry Vegetables or Veggie Burger Served with French Fries, Garnish and Condiments *Fresh Fruit	*Baby Gem Salad or Mixed Green Salad *Teriyaki Glazed Salmon Served with Fried Rice and Steamed Baby Bok Choy or Chile Relleno Served with Tomato Sauce, Cabbage Salad and Rice *Fresh Fruit *Milk
Snack	1/2 Tuna Sandwich Fresh Fruit Cup	1 ½ C. Cottage Cheese Fresh Fruit Cup	1/2 Egg Salad Sandwich Fresh Fruit Cup	1/2 Turkey Sandwich Fresh Fruit Cup	1/2 Tuna Sandwich Fresh Fruit Cup