



Brandman Center for Senior Care

Menu Cycle Week Seven

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------|---|--|--|--|--|
| | December 9, 2024 | December 10, 2024 | December 11, 2024 | December 12, 2024 | December 13, 2024 |
| Breakfast | Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Matzo Brie / Syrup Banana Milk Coffee/Tea | Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Pancake / Syrup Milk Coffee/Tea | Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Hash Brown Milk Coffee/Tea | Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Danish Milk Coffee/Tea | Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Pumpkin Bread Milk Coffee/Tea |
| Lunch | *Tomato Rice Soup or Mixed Green Salad *Roasted Lemon Chicken Served with Potato Kugel and Zucchini or Onion Steak Served with Rice and Beans *Pound Cake with Poached Pears or Fresh Fruit | *Lentil Soup or Mixed Green Salad *Vegetable Pizza with Squash, Eggplant, Caramelized Onions, Mozzarella Cheese, Parmesan Cheese and Tomato or Crusted Pistacho Salmon Served with Rice and Vegetables *Tiramisu or Fresh Fruit | *Carrot Raisin Salad or Mixed Green Salad *Turkey Meatloaf Served with Mashed Potatoes and Zucchini or Chuck Steak Chimichurri Served with Potatoes and Vegetables *Fresh Fruit | *Israeli Salad or Mixed Green Salad *Cheese Blintz Served with Sour Cream and Applesauce or Veggie Burger Served with French Fries, Garnish and Condiments *Ice Cream or Fresh Fruit | *Caesar Salad or Mixed Green Salad *Mac N Cheese Served with Garlic Spinach or Tuna Melt Served with Potato Chips and Fresh Fruit *Italian Ice or Fresh Fruit |
| Snack | 1/2 Tuna Sandwich Fresh Fruit Cup | 1 ½ C. Cottage Cheese Fresh Fruit Cup | 1/2 Egg Salad Sandwich Fresh Fruit Cup | 1/2 Turkey Sandwich Fresh Fruit Cup | 1/2 Tuna Sandwich Fresh Fruit Cup |