



Brandman Center for Senior Care

Menu Cycle Week Seven

	Monday	Tuesday	Wednesday	Thursday	Friday
	February 3, 2025	February 4, 2025	February 5, 2025	February 6, 2025	February 7, 2025
Breakfast	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Breakfast Potatoes Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Muffin Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Pancake / Syrup Banana Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Krab Quiche Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly "Bacon," Eggs & Hash Brown Milk Coffee/Tea
Lunch	*Corn Salad or Mixed Green Salad *Cheese Enchiladas Served with Spanish Rice and Refried Beans or Eggplant Parmesan Served with Pasta and Garlic Bread *Ice Cream or Fresh Fruit	*Barley Soup or Mixed Green Salad *Vegetable Pizza with Squash, Eggplant, Caramelized Fennel, Mozzarella Cheese, Mushrooms and Tomato Sauce or Baked Salmon Served with Rice and Vegetables *Seven Layer Bar or Fresh Fruit	*Carrot Turmeric Miso Soup or Mixed Green Salad *Beef Kabobs Served with Saffron Rice and Broiled Tomato or Chicken Burrito Served with Rice and Beans *Ginger Molasses Cake or Fresh Fruit	*Acorn Squash Soup or Mixed Green Salad *Honey Chipotle Turkey Breast Served with Mashed Potatoes, Green Beans & Cranberry Compote or Meat Sauce Served with Pasta and Garlic Bread *Pumpkin Mousse or Fresh Fruit	*Spinach Salad or Mixed Green Salad *Chicken Marsala Served with Mushroom Sauce, Roasted Potatoes and Broccoli or Beef Taquitos Served with Beans and Guacamole *Fresh Fruit
Snack	1/2 Tuna Sandwich Fresh Fruit Cup	1 ½ C. Cottage Cheese Fresh Fruit Cup	1/2 Egg Salad Sandwich Fresh Fruit Cup	1/2 Turkey Sandwich Fresh Fruit Cup	1/2 Tuna Sandwich Fresh Fruit Cup