



Brandman Center for Senior Care

Menu Cycle Week Five

	Monday	Tuesday	Wednesday	Thursday	Friday
	January 20, 2025	January 21, 2025	January 22, 2025	January 23, 2025	January 24, 2025
Breakfast	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Marg./Jelly Breakfast Casserole with Ground Vegan Sausage Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Hash Brown Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Breakfast Sandwich w/ Impossible Sausage Patty & Fried Egg Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Marg./Jelly Pancakes / Syrup Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly French Toast / Syrup Milk Coffee/Tea
Lunch	*Green Salad or Mixed Green Salad *Pulled BBQ Beef Sandwich Served with Sweet Potato Wedges and Coleslaw or Chicken Fajitas Served with Rice, Beans and Tortillas *Cookie or Fresh Fruit	*Chicken & Vegetable Soup or Mixed Green Salad *BBQ Glazed London Broil Served with Roasted Potatoes, Broccoli and Cauliflower or Chicken Sandwich Served with French Fries and Red Cabbage Salad *Cookie or Fresh Fruit	*Tomato Soup or Mixed Green Salad *Fig & Arugula Grilled Cheese Sandwich Served with Broccoli Slaw or Ginger Glazed Salmon Served with Rice and Vegetables *Fresh Fruit	*Farro Salad or Mixed Green Salad *Chimichurri Grilled Salmon Served with Wild Rice and Sauteed Green Beans or Chipotle Chicken Served with Rice and Vegetables *Sherbet or Fresh Fruit	*Garden Salad or Mixed Green Salad *Roasted Chicken with Clementines Served with Potato Latkes and Zucchini or Veggie Burger Served with French Fries, Garnish and Condiments *Rugalach or Fresh Fruit
Snack	1/2 Tuna Sandwich Fresh Fruit Cup	1/2 Egg Salad Sandwich Fresh Fruit Cup	1/2 Turkey Sandwich Fresh Fruit Cup	1/2 Tuna Sandwich Fresh Fruit Cup	1/2 Tuna Sandwich Fresh Fruit Cup