



## Brandman Center for Senior Care Menu Cycle Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
	February 17, 2025	February 18, 2025	February 19, 2025	February 20, 2025	February 21, 2025
Breakfast	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Danish Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Strawberry Crepes Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Marg./Jelly Pancakes / Syrup Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Chorizo & Bell Pepper Omelet with Hash Brown Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Margarine/Jelly Breakfast Sandwich Milk Coffee/Tea
Lunch	*"Cowboy Caviar" Chopped Salad or Mixed Green Salad *Coffee-Rubbed Hangar Steak Served with Honeynut Squash Brulee and Wild Mushrooms or Chicken Enchiladas Served with Rice and Beans *Chocolate Peanut Butter Mousse or Fresh Fruit	*Wedge Salad or Mixed Green Salad *Pan Seared Salmon Served with Romesco Sauce, Creamy Polenta and Roasted Sunchokes or Cheese Quesadilla Served with Beans and Avocado *Banana with Ice Cream or Fruit Cup	*Caesar Salad or Mixed Green Salad *Maple Glazed Chicken Breast Served with Baby Red Potatoes and Caramelized Savory Cabbage or Baked Salmon Served with Rice and Vegetables *Lemon Mousse or Fresh Fruit	*Israeli Salad or Mixed Green Salad *Veal Osso Bucco Gremolata Served with Saffron Risotto and Charred Broccoli or Chicken Burrito Served with Rice and Beans *Poached Pear or Fresh Fruit	*Spinach Salad or Mixed Green Salad *Breaded Tilapia Served with Tartar Sauce, Lemon, Brown Rice and Winter Squash or Cheese Nachos Served with Beans and Guacamole *Jell-O or Fresh Fruit
Snac	1/2 Tuna Sandwich Fresh Fruit Cup	1/2 Egg Salad Sandwich Fresh Fruit Cup	1/2 Turkey Sandwich Fresh Fruit Cup	1/2 Tuna Sandwich Fresh Fruit Cup	1 ½ l. Cottage Cheese Fresh Fruit Cup