



Brandman Center for Senior Care

Menu Cycle Week Five

	Monday	Tuesday	Wednesday	Thursday	Friday
	March 17, 2025	March 18, 2025	March 19, 2025	March 20, 2025	March 21, 2025
Breakfast	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Marg./Jelly Waffle w/ Berries & Whipped Cream Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Marg./Jelly Breakfast Potatoes Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Marg./Jelly Pancakes / Syrup Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Marg./Jelly Lox, Eggs & Onions Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Marg./Jelly Cheese Omelet Milk Coffee/Tea
Lunch	*House Salad or Mixed Green Salad *Salisbury Steak Served with Potato Salad and Peas or Chicken Fajitas Served with Rice, Beans and Tortillas *Strawberries & Whipped Cream or Fresh Fruit	*Egg Drop Soup or Mixed Green Salad *Lemongrass Beef Bowl Served w/ Grilled Steak, Cold Rice Noodles, Crushed Peanuts, Cilantro, Snow Peas, Bell Peppers & Carrots or Chicken Chow Mein *Key Lime Parfait or Fresh Fruit	*Garden Salad or Mixed Green Salad *Chicken & Pasta with Spinach & Parsley Pesto or Beef Birria Served with Beans, Salsa and Tortillas *Fresh Fruit Cup	*Pear Salad or Mixed Green Salad *Jerk Chicken Served with Aji Amarillo Mashed Potatoes, Balsamic Root Vegetables and Pickled Apricot Black Garlic Demi or Meatball Sandwich Served with Coleslaw and Sweet Potato Fries *Acai Sorbet or Fresh Fruit	*Orange & Fennel Salad or Mixed Green Salad *Baked Halibut Served with Brown Rice and Garlicky Kale with Sauteed Peas or Potato Taquitos Served with Beans and Guacamole *Ice Cream Bar or Fresh Fruit
Snack	1/2 Tuna Sandwich Fresh Fruit Cup	1/2 Egg Salad Sandwich Fresh Fruit Cup	1/2 Turkey Sandwich Fresh Fruit Cup	1/2 Tuna Sandwich Fresh Fruit Cup	1/2 Tuna Sandwich Fresh Fruit Cup

