

Brandman Center for Senior Care

Menu Cycle Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
	November 9, 2026	November 10, 2026	November 11, 2026	November 12, 2026	November 13, 2026
Breakfast	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Marg./Jelly Lox, Eggs & Onions Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Marg./Jelly Fried Egg & Hash Brown Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Marg./Jelly Danish Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Marg./Jelly Mushroom, Egg & Cheese Scramble Milk Coffee/Tea	Choice of Juice Oatmeal or Dry Cereal Scrambled Eggs Toast/Marg./Jelly Egg White & Vegetable Frittata Milk Coffee/Tea
Lunch	*Carrot Coconut Soup or Mixed Green Salad *Turkey Cobb Salad Served with Dinner Roll or Onion Steak Served with Rice and beans *Sorbet or Fresh Fruit	*House Salad or Mixed Green Salad *Smothered Chicken Served with Mashed Potato and Green Beans or Veggie Burger Served with French Fries, Garnish and Condiments *Apple Cobbler or Fresh Fruit	*Fried Green Tomato or Mixed Green Salad *Vegan Sausage & Seafood Gumbo Served with White Rice and Dinner Roll or Baked Salmon Served with Rice and Vegetables *Orange Creamsicle Trifle or Fresh Fruit	*Coleslaw or Mixed Green Salad *Hot Dog Served with Baked Beans and Corn on the Cob or Chicken Mole Served with Rice, Vegetables and Tortillas *Cookie or Fresh Fruit	*Tortilla Soup or Mixed Green Salad *Cheese Enchiladas Served with Refried Beans, Sour Cream, Pico de Gallo, Salsa and Tortilla Chips or Fresh Fruit Plate Served with Cottage Cheese *Tres Leche Cake or Fresh Fruit
Snack	1/2 Tuna Sandwich Fresh Fruit Cup	1/2 Egg Salad Sandwich Fresh Fruit Cup	1 ½ C. Cottage Cheese Fresh Fruit Cup	1/2 Turkey Sandwich Fresh Fruit Cup	1/2 Tuna Sandwich Fresh Fruit Cup